

Timber Ridge RV & Recreation Resort is an all-season recreation resort featuring RV and tent camping; overnight cabin rentals; family oriented activities; a banquet facility and elegant tents for weddings, events, reunions, family gatherings, and meetings; access to the popular VASA trail system; and nationally renowned events like the North American VASA and Iceman Cometh Challenge mountain bike race. Visit Timber Ridge on the web at TimberRidgeResort.net.

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Advanced riders can test their athleticism on October 27 with a pre-Iceman Cometh Challenge mountain bike ride that will include over 30 miles of serious mountain biking. Hosted by Macomb Bike & Fitness and guided by Manitou Cycling Tours of Interlochen, this is the popular ride that many participants will use to prepare themselves for the sold-out Iceman Cometh Challenge mountain bike race scheduled for Saturday, November 10. The guided ride will begin and end at Timber Ridge; the course is much of the same route as the Iceman. On October 28, the second part of the advanced mountain bike package includes another technical “fun ride” off the Vasa Pathway on unmarked trails.

Packages begin at \$90 and include two-night accommodations (select from campsite, basic or deluxe cabin, or bunkhouse), guided rides, two on-site breakfasts, snacks and beverages for rides, Traverse City coupon booklet (for exploring the city when not on the trails) and Vasa Pathway map. Packages are based on two people, except for bunkhouse reservations (based on six), and there are extra charges per additional guests. Rides are scheduled for a minimum of two hours and some may require a skills test. Most rides are scheduled to leave from Timber Ridge at 9:00 a.m., so guests should plan to be ready by 8:45 a.m.

For more details and complete package pricing, call (800) 909-2327 or visit the Timber Ridge website at TimberRidgeResort.net. For further information on the advanced pre-Iceman ride scheduled for October 27, call Macomb Bike & Fitness at (586) 756-5400.



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FOR IMMEDIATE RELEASE

**RISE, SHINE AND HIT THE TRAILS:
Timber Ridge Resort Now Offering Mountain Bike Ride Packages**

TRAVERSE CITY, MICH---Experience some of northern lower Michigan's most scenic and diverse trails, featuring the renowned Vasa Pathway in the Pere Marquette State Forest. Timber Ridge Resort in Traverse City, in association with Macomb Bike & Fitness in Warren, is now offering beginner, intermediate and advanced guided mountain bike ride packages for the glorious autumn season in northwestern Michigan. Guests can ride directly from their campsites or cabin's front doors to the on-site trails and adjacent Vasa Pathway featuring over 50 kilometers of world class biking trails that meander through picturesque state forest.

Beginners, families, intermediate and advanced riders all have a package from which to choose. Beginners or families can sign up for the introductory packages scheduled for September 22 and 23 or October 13 and 14. Guided rides include an on-site obstacle course, at which riders will receive critiques and tips on negotiating impediments typically found on mountain bike trails, and a 5-14 mile ride on the Vasa. On the same dates, intermediate riders can expect to take on an 11-13 mile excursion on the Vasa and a technical ride on unmarked trails off of the Pathway.